

ONE SPA OFFERS FACIAL SKINCARE EXPERTISE

April 2009: The award winning One Spa at the Sheraton Grand Hotel & Spa in Edinburgh is taking its skincare offering to a new level with the launch of facial diagnostic Wood's lamp skin analysis. The Spa has also extended its popular *ESPA Super Active* range to include three new facial treatments and has been specially selected to offer the recently launched, limited edition, *ESPA Radiance Home Collection*.

With both men and women increasingly looking for facial improvement treatments that go beyond a pampering experience, the diagnostic Wood's lamp work by highlighting problem areas that are not visible to the naked eye. From the results, a tailored ESPA facial can then be performed to offer outstanding visible effects.

One Spa offers a variety of different facials to suit a variety of budgets and skincare requirements. The most sophisticated is the *ESPA Super Active* range which includes three advanced facials tailored to specific skin conditions.

Guests can choose from the *Super Active Calming and Soothing Facial* designed for irritated skin that is prone to redness, the *Super Active Repairing and Restoring Facial* to help counter the effects of harsh products to rebalance the skin and the *Toning, Lifting and Firming Facial* to combat signs of ageing providing noticeable results.

Only five of One Spa's highly skilled therapists are trained in the *ESPA Super Active Facials* and part of only 161 therapists trained globally by ESPA in renowned spas such as the Metropole ESPA in Monte Carlo and The Peninsula Spa by ESPA in New York.

For those seeking a healthy glow to achieve and maintain on their own, the *ESPA Radiance Home Spa Collection* brings the essence of "spa" into the home, delivering a noticeably brighter complexion to dull, and lifeless skin both in the immediate and long term. Inspired by the ground breaking, highly effective *ESPA Super Active Facials*, the collection includes four high performance products.

- *ESPA Super Active Skin Brightening Enzyme Complex* is a luxurious formulation that contains a rich blend of exotic botanical and marine extracts to boost cell regeneration and promote a visible feeling of wellness.
- *ESPA Super Active Skin Brightening Enzyme Mask* compliments the complexion with its unique blend of botanical extracts that exfoliate the skin's surface while gently removing dead cells from skin.
- *ESPA Refining Skin Polish* serves to gently exfoliate and renew tired, dull complexions.

- A *cotton cleansing mitt* is incorporated into the collection to recreate the massage effect of a Spa facial and stimulate circulation and rejuvenate lacklustre complexions.

Susan Harmsworth, CEO and founder of luxury spa brand, ESPA says: "One Spa is a haven of relaxation and nurturing. Now with the Spa's advancements in facial treatments it is a centre of expertise in facial skincare. This marries perfectly the needs of today's men and women who are looking for facials that address the complexities of their skin and offer visible radiance and luminosity"

With 17 treatments rooms, unique rooftop Hydro pool, Thermal Suite, high tech gym, fitness and Kinesis studios, One Spa is one of the largest and most advanced city spas in the UK.

From 1 May to 31 August 2009 One Spa is offering guests a complimentary ESPA facial when booking a course of three ESPA facials.

A *Super Active Facial* costs £120 (1hr 30mins) for a tailored treatment. The *ESPA Radiance Home Spa Collection* costs £65.

For further information contact the One Spa on 0131 221 7777 or visit www.onespa.com.

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NOTES TO EDITORS:

*The offers stated above are subject to availability

One Spa

One Spa opened in October 2001 at a cost of £12 million and is widely considered to be Europe's finest urban spa. Adjacent to the Hotel and overlooking Conference Square, the six storey building has four levels of spa covering over 35,000 sq. ft.

One Spa is a natural balance of energy, water and heat in a beautiful, light-filled space. Shimmering pools and a rejuvenating thermal suite go hand-in-hand with a soothing, sensual spa treatment programme, while the advanced fitness studio tones and balances the body's core.

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